



## 6-8 Analyzing a Past Scenario

Reflect on a time when you had to make a decision that involved a friend or partner. It can be a positive or negative scenario. If you are having a difficult time thinking of a scenario with a friend or partner, you can use a different scenario. **Answer the following:**

1. Briefly describe the scenario in a few sentences.
2. Who was there?
3. What did you decide to do?
4. What were some internal influences that contributed to your decision? (Think about your internal voice.)
5. What were some external influences that contributed to your decision?
6. Would you make the same decision today? Why or why not?

Now use the relationship rubric you created to “score” the friend /partner from your scenario. Check off in the empty columns which qualities your friend/significant other possesses. Answer the following:

1. How many good qualities does your friend/partner have?
2. How many negative qualities does your friend/partner have?
3. Do you think the positive or negative qualities in your friend/partner influenced the decision in your scenario?